

CHOICES

LIFE BEYOND SCHOOL



MAKE INFORMED CHOICES ABOUT YOUR FUTURE

EXPLORE SEND POST 16 PATHWAYS

DISCOVER YOUR OPPORTUNITIES

USEFUL SIGNPOSTING AND TIPS

FUN INCLUSIVE ACTIVITIES

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WELCOME TO CHOICES

HELPING TO SUPPORT OUR AMAZING SEND STUDENTS ACROSS WORCESTERSHIRE TO UNDERSTAND THEIR CAREERS CHOICES

WELCOME TO THE CHOICES BOOKLET - LIFE BEYOND SCHOOL. THIS BOOKLET WILL HELP YOU, THE STUDENT AND YOUR PARENTS/CARERS VIEW AND UNDERSTAND THE OPTIONS OF LIFE BEYOND SCHOOL.

DECIDING ON THE NEXT STEPS CAN BE VERY DAUNTING, WHAT OPTIONS ARE THERE? ARE THE OPTIONS APPROPRIATE FOR YOUR NEEDS? IS THERE ANY ADDITIONAL SUPPORT?

THE QUESTIONS ARE ENDLESS; THEREFORE, WE HAVE CREATED THIS BOOKLET TO SUPPORT AND SIGNPOST YOU IN THE RIGHT DIRECTION.

**BROUGHT TO YOU BY THE
INSPIRING WORCESTERSHIRE CAREERS HUB**
WWW.SKILLS4WORCESTERSHIRE.CO.UK



@INSPIRING_WORCS



INSPIRING_WORCS



INSPIRING WORCESTERSHIRE

ABOUT US...

WHO ARE WE?

The Inspiring Worcestershire Careers Hub is part of a national initiative led by the Careers and Enterprise Company to support the delivery of high-quality careers education within educational establishments across Worcestershire.

WHAT DO WE DO?

Our aim is to ensure that through our work with educational establishments across Worcestershire that every young person receives the information, advice and guidance they need to ensure they are fully prepared to enter the world of work.

WHY DO WE DO IT?

If young people across Worcestershire fail to receive high-quality careers guidance it is highly likely they will not undertake a career pathway that is right for them.

Failure to provide young people with high-quality careers guidance will also have a negative impact on the future workforce available to Worcestershire employers.

If Worcestershire's economy is to continue to grow then it is vital that they have a pipeline of young people who hold the right skills, qualifications and experience that employers are looking for. Providing this pipeline of young people to employers will ensure that they are able to replace employees quickly and efficiently but also ensures that young people do not feel the need to travel outside of Worcestershire to secure employment.

HOW TO NAVIGATE THIS BOOKLET

THE BOOKLET HAS BEEN SPLIT INTO THE FOLLOWING SECTIONS:

FURTHER EDUCATION

- > SIXTH FORMS
- > LOCAL COLLEGES
- > INDEPENDENT SPECIALIST COLLEGES
- > INDEPENDENT TRAINING PROVIDERS
- > **EMPLOYMENT AND VOLUNTEERING**
 - > SUPPORTED INTERNSHIPS
 - > GETTING EMPLOYED
 - > VOLUNTEERING
- > **INDEPENDENT LIVING AND LIFE SKILLS**
- > **HEALTH AND WELLBEING**
- > **PURPOSEFUL LIFE & COMMUNITY SUPPORT**

Appropriate pathways will be highlighted to the courses that are applicable, these will fall into the following categories:

PMLD Profound and Multiple Learning Difficulties

SLD Severe Learning Difficulties

MLD Moderate Learning Difficulties

SEMH Social and Emotional Mental Health

Some of the sections have activities to complete in your own time along with links and websites that will be useful to follow. You will also find some good news stories, sharing comments and pictures from past students.

Finally, you will find useful contacts in each section that should also support the search for the next step that suits you best.

HOW TO NAVIGATE THIS BOOKLET

You will also find symbols as you move through this booklet - these will help you to navigate to the sections you may require faster.

The symbols are as follows:



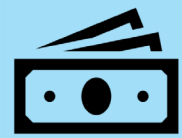
**FURTHER
EDUCATION**



**EMPLOYMENT &
VOLUNTEERING**



**INDEPENDENT
LIVING & LIFE
SKILLS**



**PAID
PROVISION**



**HEALTH AND
WELLBEING**



**PURPOSEFUL
LIFE &
COMMUNITY
SUPPORT**



**GOOD NEWS
STORIES AND
FEEDBACK**



RECREATIONAL



TOP TIPS



SIGNPOSTING



ACTIVITY

YOUR SEND LOCAL OFFER

A Local Offer gives young people with special educational needs or disabilities and their families information about what support services the local authority think will be available in their local area.

Your local offer will directly link to the council that your EHCP was created by. Ensure that you are looking at the correct area for your local offer; support will vary.



LOCAL OFFER WEBSITE LINKS:

[Worcestershire SEND local offer](#)

[Birmingham SEND Local Offer](#)

[Wolverhampton SEND Local Offer](#)

[Warwickshire SEND Local Offer](#)

[Gloucestershire SEND Local Offer](#)

[Solihull SEND Local Offer](#)

[Dudley SEND Local Offer](#)

[Hereford SEND Local Offer](#)

DISCOVERING LIFE BEYOND SCHOOL

THINKING ABOUT YOUR NEXT STEPS AFTER SCHOOL CAN BE WORRYING AND CONFUSING WHEN YOU HAVE ADDITIONAL NEEDS.

We want to give you enough information to solve that confusion and take away some worries.

As you move through this booklet it will highlight some options to choose from.

However, it is important to work out what your likes, dislikes and goals are first before deciding on a plan or next step.

Why not try these activities to help you work this out?

More info and activities found here
[@My World of Work](#).

Or even try this Buzz quiz -
<https://icould.com/buzz-quiz/>





FINDING YOUR INTERESTS

Your perfect hobby would be?

- A) Being with animals
- B) Team games/sports
- C) Board games and puzzles
- D) Performing/music
- E) Video games

My idea of fun is?

- A) Being outside
- B) Meeting friends and family
- C) Cooking
- D) Listening to music
- E) Doing school/ homework

My friends and family would say I'm?

- A) Adventurous
- B) Friendly
- C) Neat and tidy
- D) Musical
- E) Good with IT

What fun activity would you like to attend?

- A) Animal Farm
- B) Party
- C) Team building game
- D) Karaoke
- E) Computer games day

FINDING YOUR INTERESTS

How do you work?

- A) I like to work outside
- B) I like to work in a team
- C) I like to work out the problem first
- D) I like to come up with new ideas
- E) I like to Google it

I'm most likely to help my family with?

- A) Walking the Dog
- B) Group tasks
- C) Fixing things
- D) Selecting the music in the car
- E) Solving IT issues in the house

If you worked at your school, what job would it be?

- A) Gardener
- B) Teacher/ Teaching Assistant
- C) Office staff/ Receptionist
- D) Music/ Drama teacher
- E) IT support

My favourite subject at school was/is?

- A) PE or being outside
- B) Group projects
- C) Technology (making things)
- D) Drama/ Music
- E) Anything on the computer

Once you have finished selecting one letter for each question, count how many of each letter that you got. What letter do you have the most of?

Look on the chart to see your likes: Mostly

- A) You love to be outside and amongst nature. Have you thought about finding your next step that involves being outside?
- B) You have a passion for working with others or as part of a team. Great news, lots of careers or future choices can involve people. Try to see how many people will be in the next part of your journey?
- C) Wow, you are organised and productive. Your eye for finer detail will come in handy. Look for courses or opportunities that will allow you to use that logical thinking, planning and preparing tasks.
- D) It looks like you love all things musical and being in the spotlight is your thing. There are lots of options here or even hobbies. Keep shining!
- E) IT and anything on the computer are your thing! What a great skill. See if there are any options for you in this area?

If you have the same score for two letters look at how you can combine the two areas.



FURTHER EDUCATION

Young people are now required to remain in learning until they are 18 years old. Students with Education Health Support Plans (EHCP) are entitled to support in education until they are 25 years old, if they remain in education. The following information will show some options on how and where to stay engaged in education.

We have broken education down into smaller sections allowing you to dig a little deeper into the courses available.

These sections are:

- > Sixth Forms
- > Colleges
- > Independent Specialist Colleges
- > Independent Training Providers

Not all settings are applicable to all SEND needs, so ensure you follow the code highlighted at the start of the magazine to determine if it is an option for yourself.

APPLYING FOR YOUR NEXT STEPS



In the vast majority of cases students will be able to find a suitable course at an educational provider within their local area.

Very occasionally, if a student has very complex needs, they may need to consider an Independent Specialist Placement (ISP) which may be further away. The student must have an EHCP to access one of these placements and the Local Authority will only consider funding an ISP once all local options have been exhausted. Please note that the Local Authority cannot agree to place a pupil at an ISP if there is an equivalent course/provision available locally.

For those young people requesting residential specialist college placements the Local Authority will require evidence demonstrating that the proposal for a placement has been made as a result of appropriate assessment and guidance involving collaboration between relevant agencies, including adult social care and health. (caption taken directly from Worcestershire County Council's website)



FURTHER EDUCATION

APPLYING FOR YOUR NEXT STEPS CONTINUED

Further education, training providers and sixth form colleges offer a wide range of courses for young people, at all levels of achievement. Colleges offer supported courses for students with special needs at a range of levels. These can be accessed from age 16 (after Year 11) and remain available for students if they leave school sixth form after Years 12, 13 or 14.

Courses include vocational work-related learning and general courses which can include preparation for adulthood, such as life skills, work skills and independence skills. There are progression routes from one course level to another, provided the student has achieved the entry requirements for the next level course including the appropriate level of English and Maths.

The usual progression steps are:

Pre-Entry Level

Entry Level 1,2,3

Level 1 (GCSE 1-3)

Level 2 (GCSE 4 and above)

Level 3 ('A' levels, Btec, NVQ and T levels)



Courses at colleges and training providers help students gain qualifications and develop work skills, to help give them the best chance of gaining employment. There are courses with work experience options and other courses which are mainly work based learning such as supported internships, traineeships and apprenticeships.

Local colleges advertise their open days in local press and on their websites.

You can also visit the following link to see local events and open days on the Worcestershire Events calendar [Link](#).

The Education Health and Care plan can remain in place for full-time courses or training at college or with training providers. Colleges and training providers are required to make reasonable adjustments for learning and personal support, to enable students with support needs to access learning.



FURTHER EDUCATION

SIXTH FORMS

Many of the schools in Worcestershire have Sixth Forms so you can remain in school after year 11, in some schools this is up to year 14 (up to 19 years old).

The following is a list of local schools that welcome Post-16 (after year 11) students with EHCP plans. Simply search for the school in your chosen internet browsers for more information. It is always advisable to call the school/setting to find out if there are places available along with liaising with your local authority SEND Caseworker.

Here is a list of Worcestershire SEND Specialist Sixth Forms:

WORCESTERSHIRE LOCAL AUTHORITY SEN SCHOOLS WITH SIXTH FORMS

Chadsgrove School

Vale of Evesham School (Academy)

Regency High School (Academy)

Pitcheroak School

Wyre Forest School

Rigby Hall School

SPECIALIST SCHOOLS WITH SIXTH FORMS / POST-16 PROVISION

Cambian New Elizabethan School

Norton College

Our Place

The Bridge School (Malvern)

POST - 19 SCHOOL-BASED PROVISION

Chadsgrove Post-19

Victoria School - Post-19 (called Victoria College)

Northfield Birmingham



FURTHER EDUCATION

LOCAL COLLEGES

Colleges offer a broad range of course choices and access to learning opportunities and facilities that are not available through school. Changing to a college may bring challenges but can also have some great benefits such as a wider range of courses, further supported education, tailored learning to your chosen topic area and many more benefits. A benefit from learning locally can be progressive outcomes and links to local employment or volunteering.

Click the logo to visit the college website



Heart of Worcestershire college is the largest further education college in Worcestershire; with campuses in Bromsgrove, Redditch, Worcester and Malvern.

HOW College is an inclusive college which sees learners as individuals with their own particular needs and strengths.

Across all our courses we aim to develop personal, social and independence skills alongside important vocational skills to support greater independence and entry to employment or voluntary activity in adulthood. Examples of vocational content include horticulture, enterprise, cooking, hospitality and charity work.

Worcester

Deby Robertson
drobertson@howcollege.ac.uk
01905 725735

Redditch

Sandra Brewer
sbrewer@howcollege.ac.uk
01527572553

Below is a list of some of the available courses:

- ▶ Life and Independent Living skills 1 **SLD**
- ▶ Life and Independent Living Skills 2 **MLD**
- ▶ Life and Independent Living Skills 3 **MLD**
- ▶ Skills for Work Transition **MLD SEMH**
- ▶ Skills for Work 1 **MLD SEMH**
- ▶ Skills for work 2 **MLD SEMH**
- ▶ Support into employment **MLD SEMH**

[HOW prospectuses](#) | [HOW Courses](#)



FURTHER EDUCATION

LOCAL COLLEGES CONTINUED



Click the logos to visit the colleges websites



SENC Email:

Learner Support Team
support@kidderminster.ac.uk

GENERIC Email:

studentservices@kidderminster.ac.uk

Reception: 01562 820811

Student Services: 01562 512003

Head of Foundation learning

Christine Daly
Email: Christine.daly@sccb.ac.uk
Phone: 021 694 500

Pardeep Kairo
Pardeep.kairo@sccb.ac.uk

hello@sccb.ac.uk

Kidderminster College will support you to achieve the course you wish to take. A tailored support system will be put into place, with a high staff level and excellent resources allowing you to achieve and progress.

[Kidderminster College Student Support Link](#)

Kidderminster College has a few entry level courses to choose from. [Find out more about Kidderminster College courses here.](#)

However, here is one that might be of interest to get you started:

> [Access to Further Education Diploma](#)

> Level-Up

Kidderminster College offers alternative entry level courses. However, student numbers on these courses determine if they will run or not.

Study vocational subjects. Develop your employability skills. Get involved in fun enrichment activities. Our programmes for students with learning difficulties and disabilities offer you variety and support.

Support is always on hand if you need a little help to achieve your best. We have a range of qualified staff including communication support officers, dyslexia tutors, learner support assistants, and in-class teaching assistants.

[SCCB Foundation Learning](#)

SLD **MLD** **SEMH**

Independents Living
> Engage with Learning
> Everyday Life Skills
> Independent Living Skills (progression)
> Arts for All
> Ready Steady Cook
> Preparation for Adulthood

Pathways to Employment
> Skills for Life Carousel
> Pathways into Employment
> Supported Internship
> Gardening
> Environmental Course

[SCCB Supported Learning](#)

SLD **MLD** **SEMH**

[Special Educational Needs Support](#)



FURTHER EDUCATION

LOCAL COLLEGES CONTINUED



Click the logos to visit the colleges websites



Phone:

0121 678 7113

Email:

Additional.support@solihull.ac.uk

Louise Badham


Email: info@wcg.ac.uk


Phone: 0300 456 0047

Stratford-upon-Avon College welcomes applications from those with additional needs, and our support team are fully trained to give you all the encouragement that you need to get the most out of your learning experience. If you are disabled or have any special needs, then our team of support staff are here to help you.

At Stratford upon Avon college we are running foundation learning programmes for Entry 3-Level 1 full-time and a range of PT ALD courses.

All courses can be found on the website.
[Foundation Learning Courses](#)
[Have a look at the Foundation course video](#)

The Adult ALD part-time provision is suitable for 19 plus learners with 

Entry 3 and Level 1 provision suitable for 16-18 and 19 plus for learners with EHCP.


All learners are assessed on an individual basis and we work alongside the additional support team to assess their needs.

Pershore College (part of WCG) offers Supported Learning programmes which are suitable for learners with learning difficulties or disabilities. Each programme is tailored to individual students' needs and helps to develop a mixture of interests and skills in a supportive environment.

Learners on the Foundation Skills Programme are offered personalised learning opportunities. These help them gain credit at Entry Level and Level 1 on a learning journey leading to a range of appropriate destinations such as Level 2 qualifications, supported employment or independent living.

These programmes include our supported internships, where young people are able to work with supportive employers to gain valuable employment skills before heading out into the world of work. More information can be found by following the link below.

[Course Guide](#)
[Supported Learning Virtual Tour](#)
[Pershore College virtual Tour](#)

ENTRY LEVEL 1- supported learning:

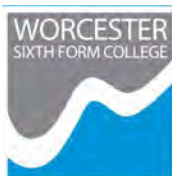
SLD **MLD** **SEMH**

- > Skillbuilder
- > Foundation Skills Programme (Land-based):
Gardening, Countryside Skills and Animal Welfare
- > Ready for Adulthood
- > Supported Internship (for students with EHCP only)



FURTHER EDUCATION

LOCAL COLLEGES CONTINUED



Click the
logo to visit
the college
website

Learning Support Manager:

Sara Payne

Email:

sara.payne@wsfc.ac.uk

Phone:

01905 362625

Worcester Sixth Form College unfortunately does not have any specific entry level courses. However, at Worcester Sixth Form College we welcome students with additional support needs. Over the years we have developed specialised support areas for Asperger's Syndrome, dyslexia, sensory impairment and medical conditions.

[Worcester Sixth Form College Local Offer](#)

[Worcester Sixth Form College Learning Support website](#)

[Worcester Sixth Form College Prospectus](#)





FURTHER EDUCATION

INDEPENDENT SPECIALIST COLLEGE PROVISIONS

An Independent Specialist College could be a consideration if a local college or training provider is not able to meet your needs. Independent Specialist Colleges can offer individualised learning and support for some learners with high and complex support needs.

It is important to look at all of the options available and discuss specialist college options with school teachers, careers advisers, social worker and SEN caseworkers. Usually applications to these college should be considered 18 months to 2 years in advance of leaving school. This can be discussed through the EHCP annual reviews.

West Midlands Independent Specialist College Provisions:

1. Bankside College
2. Chadsgrove Educational Trust Specialist College
3. Condoover College
4. Derwen College
5. Glasshouse and Argent College
6. Heart of Birmingham Vocational College
7. Hereward College
8. The Hive College
9. Homefield College (satellite location)
10. National Star College (satellite location)
11. New College Worcester
12. Newfriars College
13. Queen Alexandra College
14. Regent College
15. Royal National College for the Blind
16. Strathmore College
17. Sense College (satellite location)
18. Trinity Specialist College

Click the logo to visit the website



FOR MORE INFORMATION ON RESIDENTIAL COLLEGES PLEASE SEE NATSPEC DIRECTORY



FURTHER EDUCATION

INDEPENDENT SPECIALIST COLLEGE PROVISIONS



**Bankside
College**

Click the
logo to visit
the college
websites

Steve Kelly

Email: info@banksidecollege.co.uk

Phone: 01684 649722

Location: Hanley Castle, Worcester

Bankside College is a brand-new specialist provision offering high-quality further education for young adults aged 16-25 with autism, learning disabilities and/or complex needs.

Set within extensive grounds in the heart of Worcestershire with the beautiful Malvern Hills just on the doorstep the college provides a wide range of learning and social opportunities for its learners. The curriculum at Bankside College will provide education and training that equips learners with the knowledge, skills, and behaviours necessary to progress into adult life.

> Independent Living Pathway

PMLD SLD MLD SEMH

This pathway focuses on learners living independently or semi-independently, including skills development in cooking, maintaining a home, shopping, travel and housing advice and guidance.

> Vocational Pathway

PMLD SLD MLD SEMH

Learners at all levels benefit from vocational education courses that build on their skills, interests, and aspirations. Learners can pick from

- Horticulture
- Practical and art skills
- Catering
- IT
- Sport and fitness

Students can complete certification in these areas or work towards employability qualifications, and also get the opportunity to participate in entrepreneurial skills, social enterprise and work experience.

> Academic study

PMLD SLD MLD SEMH

Learners who are ready to study academic qualifications gain support from qualified staff to work through qualification frameworks. This included functional skills, vocational qualifications and "Step Up" programmes. Qualified assessors assess students' work, and quality is assured through internal and external verification.

> Employability Skills

PMLD SLD MLD SEMH

Employability skills are delivered on the college premises and other sites that allow students to develop their independence and work skills. This pathway is designed to provide learners with the skills, qualities and attitudes that are matched to their career aspirations



FURTHER EDUCATION

INDEPENDENT SPECIALIST COLLEGE PROVISIONS



**Derwen
College**



Click the
logo to visit
the college
websites

Amy Snow

Email: amy.snow@derwen.ac.uk

Phone: 01691 661234

Derwen College is a vibrant, exciting and ambitious College. We deliver exceptional programmes and a rich learning environment for young people, aged from 16 to 25 years, with special educational needs and disabilities. We empower our students by focussing on work-related skills and independent living skills to enable them to contribute to the wider community in the future.

The main college campus is located in Gobowen, near Oswestry, where we welcome both residential and day students. Further day provision is offered in the established satellite sites located at Ludlow, Telford and Walford.

[Find out more about Derwen College here.](#)

[View prospectus](#) | [Virtual tour](#)

➤ **Hospitality & Food** **SLD** **MLD** **SEMH**

As a Hospitality and Food Pathway student we will teach you industry standard vocational skills. You will learn core skills in housekeeping, bakery, customer service and basic catering before progressing to work placements

➤ **Horticulture** **SLD** **MLD** **SEMH**

As a Horticulture Pathway student we will teach you industry standard vocational skills. You will learn core skills in plant production, garden maintenance and garden centre customer service.

➤ **Nature** **PMLD**

Nurture is a non-vocational programme for students with profound and multiple learning disabilities. Highly personalised for each student, with a curriculum based around independence, cognition and learning, social interaction and wellbeing, and communication.

➤ **Retail & Enterprise** **SLD** **MLD** **SEMH**

As a Retail and Enterprise Pathway student we will teach you industry standard vocational skills. You will learn core skills in money handling, customer service, print and administrative skills, stock and distribution skills and online sales.

➤ **Performing Arts** **SLD** **MLD** **SEMH**

As a Performing Arts Pathway student we will teach you industry standard vocational skills. You will learn core skills in script work, dance and movement, musical theatre, prop and scenery making, amongst others.

➤ **Learning for Life** **PMLD** **SLD** **MLD** **SEMH**

The Learning for Life Pathway is an exciting, fun and bespoke programme. It is tailored to meet the needs of individual learners who require that little bit of extra support.

➤ **Day Offers** **SLD** **MLD** **SEMH**

At Derwen college Ludlow, Telford and Walford you can learn a variety of skills as part of various pathways.

[Telford](#)

[Ludlow](#)

[Walford](#)



FURTHER EDUCATION

INDEPENDENT SPECIALIST COLLEGE PROVISIONS



Click the logo to visit the college website



Oliver Sandell

Email: enquiries@nationalstar.org

Email: admissions@nationalstar.org

Phone: 01242 527631

National Star is a specialist day and residential college for young people, aged 16 to 25 years old, with complex disabilities.

The college accommodates 104 residential students and up to 60-day students. Students from Worcestershire schools currently attend National Star and have done for a number of years, both as day and residential students. National Star is an outstanding Ofsted provider. The college has a multi-disciplinary teamwork approach, with therapies and life-skills embedded into not only the curriculum, but weekend and evening activities within residence and in the community.

[National Star Virtual tour](#)

[National Star Prospectus](#)

Matt Wright

Email: mwright@qac.ac.uk

Phone: 0121 803 5484

QAC is a national residential college and charity based in Birmingham that supports a diverse range of student abilities and needs.

The college offers an innovative, holistic approach to learning and support. We welcome students who come to our college from all over the country – as well as many who are local to us.

[QAC Your Guide](#)

[QAC Video](#)

- > Preparation for Life (PFL) **SLD** **MLD** **SEMH**
- > Learning, Employment and Progression (LEAP) **MLD** **SEMH**
- > Vocational programmes **MLD** **SEMH**



FURTHER EDUCATION

INDEPENDENT TRAINING PROVIDERS

Independent training providers offer further education in a range of different training centre locations across the county. They offer courses in a range of vocational subjects and work preparation such as traineeships, apprenticeships and supported internships. Individual training providers often focus on a particular type of course or vocational/work option and offer an alternative to college for further education to help young people progress in learning and progress to employment.

Each training provider offers something slightly different, so ensure you research your options finding the most suitable match for you.



FURTHER EDUCATION

INDEPENDENT TRAINING PROVIDERS



Young Adult Learning is part of Worcestershire County Council, they offer Traineeships and Study programmes for 16-19-year olds, 19-24 with an Educational Health Care Plan.

Study programmes are classroom based and can take around 12 months to complete, Traineeships can take 12 months with an extended work placement within an employer, getting you ready for your next steps into the world of work.

Contact each provider or Katie Birch for more information:

Kelly Champion

Phone: 01905 845519

Email:
KChampion@worcestershire.gov.uk

Location:
The Fairfield Centre, Carnforth Drive,
Worcester, WR4 9HG

Traineeship for Early Years Foundation Stage and Childcare

MLD

Our Traineeships for Early Years Foundation Stage & Childcare cover a range of opportunities to meet your needs and interests. Placements could include options such as:

- Childminding
- Pre-School Settings
- School-Based Nurseries
- Day Nurseries

As part of your Traineeship, we offer the City & Guilds Level 2 Award in Support Work in Schools qualification. This is a knowledge-based qualification which prepares you for working in a school, but with many transferable modules for other EYFS settings, giving you a range of career options.

Traineeship for Teaching Assistants in Schools

MLD

The City & Guilds Level 2 Certificate in Support Work in Schools is our recommended pathway for learners who want to train as a Teaching Assistant.

The qualification includes all the modules from the Level 2 Award in Support Work in Schools (see separate listing). These modules develop the knowledge and understanding that all those working in a school setting will need. For those Trainees who want to take Teaching Assistant placements in classrooms, learning

then progresses onto the practical modules of the course. Alongside a work experience placement in a local school, you will study additional modules, including:

- Help improve own and team practice in schools
- Maintain and support relationships with children and young people
- Support children and young people's health and safety
- Support children and young people's positive behaviour
- Support learning activities



FURTHER EDUCATION

INDEPENDENT TRAINING PROVIDERS

Traineeship for Non-Teaching Roles in Schools

MLD

Our Traineeships for Non-Teaching Roles in Schools cover a range of opportunities to meet your needs and interests. Placements could include options such as:

- > Caretaking, site and grounds maintenance
- > School business support
- > Catering
- > Digital Technician & Support
- > Laboratory Technician & Support

As part of your Traineeship, we offer the City & Guilds Level 2 Award in Support Work in Schools qualification. This is a knowledge-based qualification suitable for all roles in schools. It seeks to develop the knowledge and understanding that all those working in a school setting will need.

Traineeship in Business Support

MLD

Our Business Support Traineeships cover a range of Business Support functions to meet your needs and interests. You can choose a work placement where you spend your time in one or two key business areas, or alternatively a rotation package, where you get to explore a range of different business functions and departments.

Examples of placements are:

- > General office and business administration – record keeping, filing, document creation, etc.
- > Virtual office administration, including online meetings and remote support
- > Customer-facing duties, including reception duties, phone or online contact
- > Financial administration
- > Digital specialisms, including training and experience in specific office software
- > Project management, such as event or campaign management/support
- > Data analysis and research
- > Marketing and promotion





FURTHER EDUCATION

INDEPENDENT TRAINING PROVIDERS

Level 1 Diploma in Hairdressing

MLD SEMH

The units in this qualification include: introducing you to the hair and beauty industries, how to present a professional image and working with others in the salon, salon reception, developing your creative skills in the art of dressing hair, applying temporary colour, creating a hair and beauty image, provide effective shampooing and conditioning hair, how to display retail stock and the creative art of styling women's hair.

You will also complete two additional specialist units: plaiting and twisting hair; and promoting products and services to clients.

Throughout this qualification, you will develop your skills in shampooing, blow-drying and styling women's hair. You will learn how to section hair effectively and apply temporary colour. You will also build your knowledge of different hair types, health and safety requirements, and how to present yourself within the hairdressing industry. These skills and expertise will prepare you for the next level of vocational study.

Level 2 Diploma in Women's Hairdressing

MLD SEMH

Entry onto this qualification can be via previous attainment of a Level 1 qualification in hairdressing and/or a successful skills test and interview.

This qualification will develop the knowledge, understanding and skills to prepare you for employment as a junior hairdresser/stylist. You will have your hairdressing skills assessed in our purpose-built hair salon at the Fairfield Learning Centre in Warndon. Our salon is a realistic working environment and you will practice your skills on a mixture of training mannequins, other learners, friends and family by your own invitation and customers from the local area.

This qualification includes all the required elements to work effectively as a junior hairdresser/stylist including: health and safety; client consultation; shampoo and conditioning hair; the research unit - working in the hair industry; cut women's hair; colour and lighten hair and the art of dressing hair. You will also develop understanding and skills by completing additional specialist units which include: reception duties; and promoting products and services to clients. This qualification's structure provides you with the flexibility to develop knowledge, understanding and skills depending upon your desired career pathway as a junior hairdresser/stylist.

**FIND OUT
MORE ABOUT
TRAINEESHIPS IN
THE NEXT SECTION.**





FURTHER EDUCATION

INDEPENDENT TRAINING PROVIDERS



BRIDGE SCHOOL MALVERN

Vicky Gundersen

Phone: 01684 311632

Email:
vickygundersen@bridgeschoolmalvern.org

Bridge School, Malvern is a small independent school offering a creative and flexible curriculum in a nurturing environment.

- > Manufacturing **SLD** **MLD** **SEMH**
- > Retail **SLD** **MLD** **SEMH**
- > Catering **SLD** **MLD** **SEMH**
- > Functional Skills **SLD** **MLD** **SEMH**
- > Life Skills **SLD** **MLD** **SEMH**

[Bridge School Brochure](#)

Click the logos to visit the colleges websites



Ruth Speake

Email:
Ruth.speake@novatraining.co.uk

Phone: 07534487034

Nova Training is a private training provider with over 25 years' experience supporting young people to reach their full potential with bespoke study programmes to help them grow and develop into their next steps in further education, training and employment.

- > Employability Skills 
- > Traineeships 
- > Headstart Study programme 
- > Apprenticeships 
- > GCSE English 
- > GCSE Maths 
- > Functional Skills- Higher Needs 

[You can find more information in our Parents & Carers Guide here.](#)

THE WORCESTERSHIRE APPRENTICESHIP HUB

LOOKING FOR A GREAT WAY TO START YOUR CAREER?

WANT TO LEARN ON THE JOB, GAIN EXPERIENCE AND QUALIFICATIONS WHILST ALSO EARNING MONEY?

THE ANSWER MAY BE AN APPRENTICESHIP...

HOW WE CAN HELP...

- One to one advice and guidance
- Explaining all about how apprenticeships work
- Help in producing a CV
- Support in searching for vacancies and completing the online application
- Applying for vacancies and setting up alerts
- Preparing for the interview
- Understanding the role of the training provider and employer
- Other options if you can't get an apprenticeship just yet

GET IN TOUCH...

 worcsapprenticeships.org.uk

 @worcsapprentice

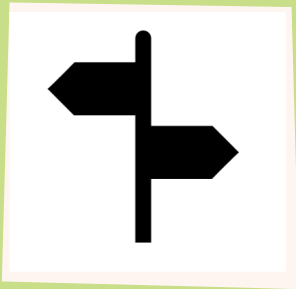
 /worcsapprenticeships

 0300 666 3 666





FURTHER EDUCATION



SIGNPOSTING FOR FURTHER EDUCATION

FOLLOW THE LINKS FOR FURTHER INFORMATION:

- > [Careers Worcs Information Advice and Guidance service](#)
- > [Worcestershire Training Providers Association](#)
- > [Worcestershire Alternative Education providers](#)
- > [Worcestershire SENDIASS Team](#)

DID YOU KNOW...

Even though apprenticeships start at level 2 a student with a EHCP can request to waiver this learning level. They will, by the end of the programme need to learn to entry level 3 for Maths and English.

You can also request a time extension on the duration of the apprenticeship. Make sure you speak these options through with the training provider prior to signing up as not everyone can accommodate these changes.



TOP TIPS...

- > Do your research
- > Make sure you can get to the location
- > Ensure that they know what your needs are so they can fully support you
- > Ask for help when you need it
- > A pre-visit to the site is always helpful

CAREERS WORCS

**ARE YOU AGED 15-24 AND
LOOKING FOR CAREERS ADVICE?**

**LEARN MORE ABOUT YOURSELF, EXPLORE YOUR
CHOICES AND FIND THE RIGHT PATH FOR YOU.**

Whether you are still in school, looking for your first job or taking a change in direction, it is important to make informed choices.

For some people knowing what you want to do as a career is straightforward. Others may not be so sure on what to do next.

We can help you discover your options by:

- Providing one to one advice and guidance sessions
- Supporting you in finding, applying, and securing your next opportunity
- Helping you find an apprenticeship or training programme
- Providing ongoing support for up to six months

APPRENTICESHIPS

TRAINEESHIPS

EDUCATION

TRAINING

EMPLOYMENT

WORK EXPERIENCE

Start your journey to your dream career
by getting in touch with us today!

0300 666 3666

careersworcs@worcestershire.gov.uk

Part funded by
European Social Fund





GOOD NEWS STORY!

At Heart of Worcestershire College, we take pride in offering pathways for learners from Entry level up to level 3. Our facilities ensure learners can learn the skills they need to live independently, healthily, gain employment or progress into Higher Education.

> Cleo joined the Life and Independent Living Skills group in 2021 after previously attending a local special school. Cleo had a difficult start after missing the start of term due to the finalising of her F.E placement. Cleo and all the staff supporting her worked really hard to ease her anxiety until she felt confident to attend full time.

Cleo accessed a range of support from staff at the college but also external professionals such as speech and language and occupational therapists to ensure she was receiving the right support to enable her to make progress. At her recent annual review mum fed back:

'The staff are really great. Cleo loves coming to college, her family have commented on the progress she has made. She is happy and talkative'.

This year Cleo will continue progressing with her studies on Life and Independent Living skills.

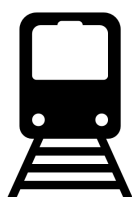


> Joel joined college in 2019 after studying at a small independent school. Joel found the transition to further education a challenge to begin with. He completed his first year in the BASE a highly supported area for learners with additional needs. Gaining in confidence he progressed the following year to Level 2 IT and then again to Level 3 Extended Diploma in Computing. Last year he won the Open Award, Outstanding Work Ethic at the student awards ceremony. This year Joel will complete the last year of his Level 3 IT before deciding if he wants to look for employment or study at Higher Education.

NEXT STEPS CHECKLIST



Use this tick list to ensure you have all the information and are properly prepared for your next steps.



Have you thought about how you are travelling to college?

tick



Do you know if any of your friends are going to the same place?

tick



Do you know the times of each day? And how many days a week you will go to college?



Is there funding available to support you?



Do you know the term dates of the course?



Does the course cater for your needs?



Will there be food provided during your day?



Do you need to take anything with you?

[Contact For Families with Disabled Children](#)



EMPLOYMENT AND VOLUNTEERING

If employment and volunteering is an option for you, then you could also think about the following information.

There is plenty of provision in the local community to guide, coach and support you through the journey. If you have a career/job in mind it is worth seeing if there is an educational course that will support you to the next step. These can be found in the previous section of the magazine.

SUPPORTED INTERNSHIPS & TRAINEESHIPS

A supported internship is a type of study programme specifically aimed at young people aged 16 to 24 with a EHCP who wish to move into employment. Supported internships can bridge the gap between education and the world of work or volunteering. These courses can help you get ahead as you move into adulthood.

[To find out more information click here](#)

Click the logos to visit the colleges websites



Diane Hughes

Email: diane.hughes@mencap.org.uk

Phone: 07941 377734

Mencap programme is for young people with mild learning disabilities who have an Education and Healthcare Plan (EHCP) aged between 16 – 24 years of age.

On this programme we teach clients functional skills in Maths and English and Employability skills in our classroom activity sessions. We teach Entry Level 1, 2 and 3 up to Level 2.

[Find out more about Mencap here.](#)

MLD

- > [Interns and Outcomes Booklet](#)
- > [Supported Internship Booklet](#)



EMPLOYMENT & VOLUNTEERING

SUPPORTED INTERNSHIPS & TRAINEESHIPS



HEART OF
**WORCESTERSHIRE
COLLEGE**

Click the
logos to visit
the colleges
websites

the
POINT

Worcester

Deby Robertson
drobertson@howcollege.ac.uk
01905 725735

Redditch

Sandra Brewer
sbrewer@howcollege.ac.uk
01527572553

Bonnie Heath

Email:

thepoint@kidderminster.ac.uk
bheath@kidderminster.ac.uk

Phone: 01562 512098

Heart of Worcestershire college also deliver supported internships and access to employment course.

HOW College is an inclusive college which sees learners as individuals with their own particular needs and strengths.

You can find out more [here](#), below is a list of some of the available courses:

➤ Skills for Work 1 (supported Internship)



➤ Skills for work 2 (supported Internship)



➤ Support into employment 

[HOW prospectuses](#)

[HOW Courses](#)

A Traineeship is a flexible education and training programme with work experience that unlocks the great potential of young people, ages 16 to 24!

This programme prepares them for their future careers by helping them to become 'work ready'.

The Point- Kidderminster College
Traineeships 

➤ [Traineeships](#)



EMPLOYMENT & VOLUNTEERING

SUPPORTED INTERNSHIPS & TRAINEESHIPS



Click the logos to visit the colleges websites



Ruth Speake

Email:

Ruth.speake@novatraining.co.uk

Phone: 07534487034

Matt Wright

Email: mwright@qac.ac.uk

Phone: 0121 803 5484

Nova Training provides a variety of learning provisions across the West Midlands. This independent training provider will tailor its learning to the needs of the student, catering for age 14-24 with a EHCP. These courses also include traineeships and supported internships.

- > Traineeships **MLD** **SEMH**
- > Apprenticeships **MLD** **SEMH**

You can find more information in our Parents & Carers Guide here.

QAC is a national residential college and charity based in Birmingham that supports a diverse range of student abilities and needs.

The college offers an innovative, holistic approach to learning and support. We welcome students who come to our college from all over the country – as well as many who are local to us.

[QAC Your Guide](#)

[QAC video](#)

> Supported Internships

SLD **MLD** **SEMH**



EMPLOYMENT & VOLUNTEERING

SUPPORTED INTERNSHIPS & TRAINEESHIPS



Click the logos to visit the colleges websites

Building Better Opportunities
Worcestershire



Head of Foundation learning

Christine Daly

Email: Christine.daly@sccb.ac.uk

Phone: 021 694 5000

Email:

fusion@communityhousing.co.uk

Phone: 01562 733 133

South and City College Birmingham is a vocational college which offers students part time, full-time and Apprenticeship courses from level 1 to higher education in a range of subjects.

We offer a wide range of course options to help students to lead more independent lives and to improve their employment and training opportunities.

> Pre-supported internships

SLD **MLD** **SEMH**

> Preparing for Volunteering

SLD **MLD** **SEMH**

> Preparation for Employment

SLD **MLD** **SEMH**

> Supported Internship

Building Better Opportunities (BBO) is a funded programme designed to help local people move closer to or into employment, improve lives and secure the future prosperity of Worcestershire. BBO will assign you your very own job coach, to find training and opportunities supporting you into the world of work.

BBO information for Worcestershire

Find your Local Job Coach

The referral process is easy, ask through the job centre *if applicable or email/Call Community Housing.



EMPLOYMENT & VOLUNTEERING

SUPPORTED INTERNSHIPS & TRAINEESHIPS



Click the logo to visit websites



Jo Darrow

Email: info@reddisupport.com

Phone: 01527 61638

Location: Redditch

Russell Wall

Email: Russell.wall@where-next.org.uk

Phone: 01527 69955

Location: Redditch



In addition to our day service, we now offer supported employment/work experience opportunities at our very own café and pre-loved shop! At Cups and Saucers Café & Shop, we provide supported work experience for those who attend Reddi Support. The aim of this venture was to create an enterprise business that could be run by adults with learning disabilities with the support of staff from Reddi Support. Individuals based at the café and shop have opportunities to learn how to greet and serve customers, use the till and card machine to take payments, prepare and serve drinks and food, pricing, sorting and displaying stock, listing stock online, and more.

MLD

Where Next offers its services in several units in Redditch and Studley. Each unit is staffed by a qualified team, and we offer unique experiences and opportunities for the individuals we support. We're a small charity-run garden nursery and provide a fully stocked shop full of colour. Our friendly and helpful staff are on hand to help whenever they can, helping to inspire generations of adults to achieve their potential

General Day Service

PMLD SLD MLD SEMH

Individuals can choose the hours they wish to through our hours of 9-4. In any of our 3 units. 2 garden centre settings and 1 industrial setting. For a mixture of work related and relaxed activities to suit the needs of the individual

HUB PMLD SLD MLD SEMH

Ad hoc short recreational activities typically running from 1-2 hours.

Activities include keep fit, arts, key skills, and community awareness. Sessions delivered within the HUB or out in the local community.



EMPLOYMENT & VOLUNTEERING

SUPPORTED INTERNSHIPS & TRAINEESHIPS



Department
for Work &
Pensions

Click the
logo to visit
website

School Adviser Mercia District

Clare Gilkes

Email: clare.gilkes@dwp.gov.uk

Phone: 07585882180

As you turn 16 your DLA (Disability Living Allowance) will change. Follow the [link](#) or contact Clare for more information to ensure your funding entitlements continue.

DWP also work directly with schools through workshops and high quality impartial information and advice.



Access to Work
Making work possible

Access to Work is a government incentive to help you get or stay in work if you have a physical or mental health condition or disability.

There are varied levels of support offered depending on your needs.

There is even support for your employer ensuring reasonable adjustment are made to make your working day achievable.

[You can find out more information about Access to Work here.](#)

[This page will also give you further information on the Job Help campaign.](#)



TRAVEL ASSISTANCE

Linda Hemming

Email: LHemming@worcestershire.gov.uk

Phone: 01905 844038

Finding your way to college or work can also present itself as a challenge. Don't let this be a barrier, [follow the link to find out how your local Council can support you with travel.](#)

Post-16 travel assistance is not automatically offered to all students who have an EHCP. There is an eligibility criteria, including closest college that meets need, and for further information on this you can either speak to Linda Hemming at Worcestershire County Council, your SEN caseworker or look at the SEN Transport Policy. It is important that you take the information into consideration when looking for a college placement.

All students, regardless of need, have to pay a post -16 parental contribution towards travel assistance. The amount currently stands at £547.00 per year, although this could change, and is payable for 2 years. You will get options on how to pay this.

The travel assistance that you are offered will not automatically be a taxi. There are other options that may be offered to you and these could be a Direct Travel Payment, bus pass or train pass.



EMPLOYMENT & VOLUNTEERING

EMPLOYMENT



SIGNPOSTING FOR EMPLOYMENT

- > [Routes into Work Guide](#)
- > [Looking for work if you're disabled](#)
- > [Worcestershire Help to find work \(SEND\)](#)
- > [Scope Employment Support](#)
- > [Government list of Disability Friendly Employers](#) (file downloads when linked is opened)
- > [Disability Job Site](#)
- > [Careers with Disabilities](#)
- > [Princes Trust](#)
- > [Base- British Association for Supported Employment](#)
- > [Employment Autism](#)

USEFUL TOOLS

- > [Getting a Job guide by the Foundation for people with learning disabilities](#)
- > [Learning Disabilities website](#)
- > [Routes into Work Guide from Preparingforadulthood.org.uk](#)
- > [Worcestershire Jobs Search](#)



TOP TIPS FOR EMPLOYMENT

- > Be on time or even better be early
- > Be polite and respectful
- > Be helpful to others without forgetting to do your own jobs
- > Don't use your mobile phone unless it is an emergency or on a break
- > Know your working times for the week ahead
- > Bring lunch or money if you have a lunch break
- > Ask questions
- > Make friends, a happy working environment is a productive working environment
- > Ensure you inform your manager of any additional support you need
- > Find a safe place to store your belongings throughout the day
- > Be proactive
- > Ensure you know what is expected of you in the job



EMPLOYMENT & VOLUNTEERING

VOLUNTEERING

Volunteering can be a wonderful way for you to experience new environments and try new skills without the pressure of a paid position.

Volunteering can help you build up your skills developing you to be work ready. It is also a great way to work out what career you may wish to work in. You may also meet new people and make new friends within your local community.

WHY VOLUNTEERING?

- > Volunteering can connect you with other people
- > Volunteering builds self-confidence and self esteem
- > Volunteering can be important for physical and mental health
- > Volunteering gives you purpose
- > Volunteering helps others and gives back
- > Volunteering can give you a more positive outlook on your life
- > Volunteering can help you find a job and build skills

HOW TO FIND VOLUNTEERING OPPORTUNITIES?

Finding opportunities in your local area may take a little bit of investigation.

Firstly, if you are still in an education setting speak with your Key worker or Careers leader/advisor for help.

Secondly, write a list of local places you would like to volunteer at, things that you have an interest in or place you have a skill that would match. Approach these places (with parent/guardian support) to see if they have any opportunities for you.

Thirdly, you can follow the links in the signposting sections for contacts for volunteering in Worcestershire.



EMPLOYMENT & VOLUNTEERING

VOLUNTEERING



SIGNPOSTING FOR VOLUNTEERING

- > [Worcestershire Community Volunteering](#)
- > [Scope Volunteering](#)
- > [Evesham Volunteer Centre](#)
- > [Skills4Worcestershire Volunteering Support](#)



TOP TIPS FOR VOLUNTEERING

- > Look for something that you are interested in
- > Make sure you can travel to the location
- > Ensure they know what your needs are so they can fully support you
- > Ask questions
- > Be prepared for the day ahead
- > A pre-visit to the site is always helpful

A high percentage of charity shop workforce is voluntary, [this is a great place to start](#).



GOOD NEWS STORIES!

James- Ex Pupil from Chadsgrove School

James is now working in a Charity shop on the tills 3 days a week, his confidence and maturity has flourished. His mum said how, since becoming an adult, professionals like to speak to him directly and as a result of this and working in a shop his confidence has rocketed.

Mencap- Patricks Story:

Follow the video link to watch Patrick's success story. Patrick completed Mencap's Supported employment programme.





EMPLOYMENT & VOLUNTEERING



GOOD NEWS STORIES!



Where Next is Worcestershire charity that will be shortly celebrating its 40th Birthday.

During these 40 years Where Next has grown and evolved to support over 130 adults with a learning disability across the county to develop vocational skills and to be part of an organisation where their achievements can be seen, and their contributions are valued.

Where Next clients have been the core to the charity's success with a handful of clients being with the charity for just short of the 40 years.

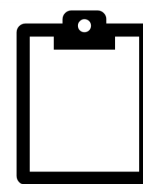
Whenever we have a new starter at Where Next, client or staff, Emma is the individual that our Head of Operations tells them to listen to so they can learn how the job is done.

Emma is such a valued member of the team; she brings so much more than supporting and organising new joiners. She shows the core ethos of Where Next and what you can achieve when you are a part of the family. Emma spreads enthusiasm, knowledge and happiness around the members and we are so proud of all of her achievements.

Clients at Where Next drive the activities of the provision, regularly voting on what extra curricular activities we should be participating in and we will often down tools for a trip out. Some of these visits include the Harry Potter Studios, Chester Zoo, Butlins, Birmingham's German Market, Partied hard at the Summer Ball and the Christmas party to name just a few.

Where Next is a great place to be where we will nurture every individual's potential





Famous People with SEND

Student Activity (SEND)



One billion people around the world live with some form of disability, 14.1 million of those people are living in the UK.

You yourself may identify with having an additional need, you may know someone that has an additional need, or you even may live with someone that has an additional need, but did you know that some of the celebrities you may see on the TV or hear on the radio or even read about in books also have an additional need?

Over the next few pages, we will highlight some of the most famous people that have lived with or are living with some form of disability yet have still gone on to have a great career.

We hope that some of these amazing people will inspire you to achieve your own career aspirations.

Follow the activity below, answering the questions as you go.

You may need a little extra help from your fellow students, teachers or even the computer.

Use the free text boxes below the questions to write down your answers.



LMI FACT

Did you know...
in 2020 roughly 58% of Worcestershire's disabled people aged 16 to 64 were in employment?



Activity 1

In this section we will research and explore a number of different celebrities.

All the famous people featured over the next few pages have overcome a variety of challenges to establish extremely successful careers.

Please review the information about each one of our celebrities and then answer the questions about each one.

Feel free to undertake some of your own research using the internet to find out more about them.



Daniel Radcliffe

Actor

SEND: Dyspraxia

Best known for starring in Harry Potter, Daniel Radcliffe was diagnosed with Dyspraxia as a child, however this didn't hold him back and he has overcome many challenges during his career.

"Do not let it stop you," he said. "It has never held me back, and some of the smartest people I know are people who have learning disabilities. The fact that some things are more of a struggle will only make you more determined, harder working and more imaginative in the solutions you find to problems."

Daniel is estimated to be worth £94 million and continues to act in blockbuster films.

?

Why do you believe Daniel has not let his learning difficulty stop him from being so successful?

Which people do you think may have helped support Daniel during his journey so far?



Albert Einstein

Scientist and Mathematician

SEND: ASD - Autism Spectrum Disorder

Not everyone knows that Einstein met many of the criteria for autism.

He didn't speak until he was three years old.

He liked set routines and 'sameness' and did not like being around other people.

This led many professionals to believe that Einstein would have been diagnosed as having ASD had he been tested in his lifetime.

Albert Einstein still went on to become known as one of the greatest physicists of all time.

Do you think that Einstein would have had the same success if he was alive today?

Can you name some more famous people with Autism who have had successful careers?



INDEPENDENT LIVING AND LIFE SKILLS

INDEPENDENT LIVING AND LIFE SKILLS

As you grow older you will be wishing to become more independent where you can. This short section will signpost and guide you to some ways you can start doing just that.

It is important not to rush this transition and take guidance from those around you.

LIFE SKILLS

Preparing for adulthood can be daunting however, if it is broken down into chunks or sections it can become more achievable.

Break it into the following sections:

- About the home
- Money management
- Talking to others and socialising
- Education/ work / volunteering

Visit the [Scope website](#) for more information:

[Barclays life skills website](#) is also a great tool to work with

MONEY MANAGEMENT

It is important to understand and manage your money, again this can be something you and your parents/guardians worry about, if you follow the links below you will find wonderful support and guidance on how to keep your money safe, budget and afford the things you want.

[Dosh](#) has a great easy read website to help you manage your money

Watch this [Dosh video](#) for more information.

Try these activities from Practical Money Skills

[NatWest My money website](#)

[Kiddie Matter Life skills website and downloadable checklists](#)

Why not try this [life skills check list](#)



INDEPENDENT LIVING & LIFE SKILLS



SIGNPOSTING FOR INDEPENDENT LIVING AND LIFE SKILLS:



TOP TIPS

- > Be organised
- > Keep yourself and your accommodation clean and tidy
- > Ask for help when you need it
- > Know who your support staff are and where to find them
- > Follow the money management tips and advice
- > Don't put yourself in unsafe situations
- > Always have your phone on you in case of emergencies
- > Learn your address if possible
- > Get to know the local area with support!

- > [Encouraging Independence](#)
- > [Preparing for Adulthood Worcestershire](#)
- > [Supported Living in Worcestershire video](#)
- > [Supported Living Worcestershire information](#)
- > [Worcestershire preparation for Adulthood – No Place Like Home Guide](#) (downloads when the link is opened)
- > [Worcestershire Preparation for Adulthood](#)
Email: Positivelivingoptionsteam@worcestershire.gov.uk
Phone: 01905845659
- > [Worcestershire Care Choices Booklet](#)
- > [National Preparation for Adulthood Website](#)



GOOD NEWS STORY!



Sammy's Story:
Follow the video link to watch Sammy's story into supported living.



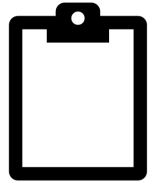
TOTUM is the all-singing, all-dancing version of the NUS card for higher education (HE) and further education (FE) students. With the paid membership version you get access to over 350 online and high street student discounts.

[TOTUM explained simply here.](#)



INDEPENDENT LIVING & LIFE SKILLS

LIFE BINGO

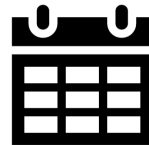


Join in this simple game of bingo to see how independent you are, find out more ways to support yourself into independency from the previous section.



Do you know your address?

tick



Do you use a calendar?

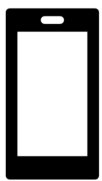
tick



Can you use public transport safely and alone?



Do you make some of your own food and drinks?



Do you use a mobile phone or telephone?



Do you communicate with others well?



Can you tell the time and time keep?



Can you operate technology?



Do you look after your own money?



Can you prepare yourself or know what to take with you day to day when going out?



Do you have any responsibilities, like looking after a pet?



Do you know what to do at the shops?



HEALTH AND WELLBEING

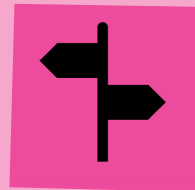
In preparation for adulthood and thinking about your next steps it is important that you also think about your health. If you move on to college, supported work placement, volunteering etc. You will need to keep your physical and mental health in check to ensure you enjoy, complete and achieve in the activities.

There is a lot of support around you, so always ask for help if you need it. See the links below and information for more ways you can keep yourself healthy and happy.

HOW TO KEEP YOURSELF HEALTHY

There are many ways to keep yourself healthy in body and mind. Follow the link to find out some more information.

[The school run - Keeping yourself healthy](#)



SIGNPOSTING FOR HEALTH AND WELLBEING:

Your local county council has a lot in place for you, see these following links for more:

- > Worcestershire - [Preparing for adulthood](#)
- > Worcestershire - [Health and Wellbeing](#)
- > Worcestershire - [Health Services for Children with SEND](#)
- > [Send Personal Health Budget](#)
- > [Growing up, Sex and relationships from Contact Family](#)



GOOD NEWS STORY!

Read Gemma Coates Inspiring story from Chadsgrove school:





HEALTH AND WELLBEING



**worcester
snoezelen**

Olivia Miller

Email: bookings@worcestersnoezelen.org.uk

Phone: 01905 74829

Location: Worcester

Worcester Snoezelen is a multi-sensory leisure therapy centre for people of all ages who have disabilities and additional needs. There are tranquil sensory rooms, a hydro-therapy pool with waterfall, soft play, and sensory garden. There are also music, art and yoga sessions – for groups or individuals - and fun activity clubs for adults and children.

People visit from all over the West Midlands, usually accompanied by care staff or with their families. They join in with anything from our Rock School for over 16s to make some noise with our 5-piece rock band – or to just chill out watching the bubbles in a quiet calm sensory room or have a splash in the pool.

Sensory Rooms PMLD SLD MLD

Creative Arts & Music PMLD SLD MLD

Hydro Pool PMLD SLD MLD

Activity Days PMLD SLD MLD

Cafe PMLD SLD MLD





HEALTH AND WELLBEING

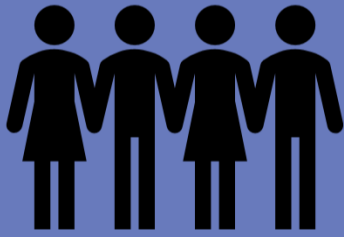


MY HEALTH WHEEL

See how many pieces of the wheel you already do?

Add them up out of 8. Try to add a piece of the wheel each week.





PURPOSEFUL LIFE & COMMUNITY SUPPORT

Life would be a little empty without friends and family around you, so as you move forward through your journey it is important to keep a strong network of friends and family. Getting involved with your local community through groups, volunteering and activities is a great way of making and building relationships.

There are lots of local groups so please use the signposting for more information. However, here are a few options.

Some of these settings provide day activities which can be accessed through adult care funding and individual budgets. These budgets are agreed for eligible young people through adult care assessments undertaken by social services.



Click the logo to visit the website

Gary Ives

Email:

Hello@ambersupportservices.co.uk

Phone: 01905 917900

Location: Bromsgrove

Supporting people with learning and physical disabilities to live the life they want to live, achieving positive outcomes beyond their own expectations. Uniquely able to offer a single support solution linking Day Opportunities with Community Support and Respite

[Amber Support services brochure](#)

Day Opportunities - Monday to Friday 7.30am - 6.00pm

Award winning support which includes transport, with a focus on independence, the development of new skills and wellbeing.

SLD **MLD** **PMLD**

Community Support - Co-production of support centred around a person's individual requirements. From a few hours a week to 24 hours a day, flexible support with a focus on choice, independence and living your best life.

SLD **MLD** **PMLD**

Amber Seasons - Monday to Friday 9.00am - 16.00pm

Where people and nature flourish. Therapeutic community project offering horticultural therapy, gardening activities and friendship. **SLD** **MLD** **SEMH** **PMLD**

Community Activities - Monday to Friday 9.00am - 16.00pm

Inclusive, creative activities designed to build self-esteem, confidence and so much more! Sessions include disability sports, art workshops, wellbeing classes and music and drama clubs.

SLD **MLD** **PMLD**



PURPOSEFUL LIFE & COMMUNITY SUPPORT

PROVIDERS

Click the logo to visit websites



Nicky Margetts/Pam White

Email: garageartgroup@live.co.uk

Phone: 01386 442696
Location: Evesham

Various art and craft sessions throughout the week which aim to promote health and wellbeing for all members of society through the visual arts.



Ruth Krivosic

Phone: 01562 861154

Email: Ruth.krivosic@theemilyjordanfoundation.org.uk

Location: Kidderminster

Our services are designed for young adults in transition; adults with learning and physical disabilities who would like to develop their skills and to be involved in production, to their ability level. We support people to develop socially and emotionally whilst learning new skills.

Spokes - Cycle repair

Repairs and renovates old bikes for resale to the public. Each trainee is supported to work at their own ability level to get involved with rebuilding bikes.

Go Green - Recycling

Involves can crushing and recycling a range of different materials to avoid them going to landfill. Also offers opportunities to work in light manufacturing, putting together components for small external contracts.

Twigs and Wood Works

Twigs provides the opportunities to learn workplace skills in horticulture growing plants and vegetables. We also offer amenity horticulture within Brinton Park in Kidderminster.

Wood Works offers the opportunity to learn and to make items from wood such as bird tables, benches and many bespoke items. Each trainee is supported to develop their skills. Trainees can move between both projects - Twigs and Wood Works.



PURPOSEFUL LIFE & COMMUNITY SUPPORT

PROVIDERS

WYRE FOREST RESOURCE CENTRE

Click the logo to visit websites



Delina Summers-Lathe

Email:

DSummers-Lathe@worcestershire.gov.uk

Phone: 01562 747498

Location: Kidderminster

Wyre Forest Resource Centre is a Worcestershire Local Authority Post-18 adult day care centre provision based in Kidderminster. The centre is able to provide day care for adults with a range of disabilities and support needs. Usually the day placements are funded through social care Adult Care Assessments and individual budgets.

Lesley Tite

Phone: 07572075555

Email: muddybootsgroundcare@yahoo.co.uk

Location: Stourport

Arts & Crafts

The Arts and Crafts project (Thursday's) is run by a member of staff who has over 10 years' experience, supported by a volunteer. Here individuals can be creative by making numerous items for themselves or for us to sell when we run our craft stalls throughout the year.

Woodwork

Our Woodwork project (Wednesday's) runs from the workshop on the farm, it is run by a member of staff who has personal experience of people with challenging behaviours and is supported by a volunteer.

Farm Experience

Farm Experience day is held on a Friday and is exactly what it says an "experience", this project is run by a member of staff whose family farm we operate from and he is also a support worker for other organisations.

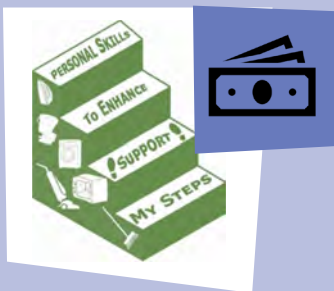
Ground Care

Ground Care runs Monday - Thursday carrying out grounds maintenance work across Worcestershire, parts of the West Midlands and Shropshire. Individuals will be trained to use commercial petrol driven equipment as well as getting the opportunity to work in some lovely settings in a team atmosphere.



PURPOSEFUL LIFE & COMMUNITY SUPPORT

PROVIDERS



Click the logo to visit websites



Sarah Duffin

Email:

sarah@mysteps.org.uk

Phone:

07934902020

Location:

Kidderminster

My STEPS is focused on developing your personal skills, this may be with independent living, cooking, using money, shopping, laundry, cleaning or communication, problem solving, teamwork, independence, confidence building, healthy living and fitness. First taster session free.

My STEPS runs from Monday - Thursday and you can attend as many days a week as you like.

MLD SLD SEMH PMLD

Alison Coley-Smith

Email: ali@reach4support.org.uk

Phone: 07841 524 316

Location: Bewdley/ Kidderminster

'Reach' provides support and opportunities for individuals with learning difficulties, disabilities and mental health needs. Through our service provision we offer a wide range of positive and meaningful activities which promote individual choice and independence, learning and skill development and inclusion within the local community. Our friendly, professional team encourage and support individuals in a person centred way, ensuring the individual is at the heart of everything they do. Individuals are able to develop their self-confidence, communication, social & life skills, make new friends and have lots of fun!

Day Opportunities

Mon to Fri, 9:30am to 3:00pm
Full and half day sessions available

SLD MLD SEMH PMLD

'Rock 'n Pop' School

@Kidderminster Youth House
Once a month - Saturdays
10.00am to 12.00pm

SLD MLD SEMH PMLD

'Reach for the Stars' DISCO 'Bewdley Cricket Club

Once a month, 6pm - 8.30pm

SLD MLD SEMH

Activities include; Arts & Crafts - Cookery - Gym & Swim - Sports - Gardening - Music - Dance - Fitness & Boxercise - Pamper - Volunteer Work Experience - Money skills & Travel Training - Outings - Small Enterprise - Community & Charity Work - Parties, Discos & Events



PURPOSEFUL LIFE & COMMUNITY SUPPORT

PROVIDERS



Click the
logo to visit
websites



Jo Darrow

Email: info@reddisupport.com

Phone: 01527 61638

Location: Redditch

Maggie Allen

Email: mallen@spectrumdays.co.uk

Phone: 01905 773725

Location: Droitwich

Reddi Support is a day service (and so much more!) for adults with learning disabilities and autism. Based in Redditch, we offer activities in a supportive learning environment designed to promote independence, improve life skills, and increase social interaction and inclusion within the community. We also offer the opportunity for social gatherings and events, supported holidays throughout the year, as well as day trips.

Some of the activities on offer are cooking and independent living skills; enterprise work; arts and crafts; literacy, numeracy and IT; drama; dance; sing and sign; zumba and indoor games; swimming; trampolining; and history walks. These activities are held at our base in Redditch and also within the local community.

Day opportunities

Cooking and independent living skills, art and crafts, drama, dancing, sing and sign, games, accessing the community; zumba, swimming, trampolining, enterprise and a brand new option starting in January 2022 - Supported Employment at our very own cafe and pre-loved shop all based in Redditch.

We also have regular weekend/breaks and holidays throughout the year.

SLD **MLD** **SEMH**

We provide Day Services to people with Profound and Multiple Learning Disabilities (PMLD) in the home or at our specialist building.

We have an innovative approach to service provision, responding to the needs of the family. Through a unique combination of Day opportunities, specialist equipment, resources, skills, knowledge and experience. By pulling a range of specialist services and resources together high quality, efficient solutions are provided to this marginalised but very special group. We have long term plans to cover the whole age range meeting the relevant stresses and strains faced by family's at milestones along the journey of life.

We provide a range of activities bespoke to the individual, with therapeutic routines built into the day.

7am to 7pm

PMLD



PURPOSEFUL LIFE & COMMUNITY SUPPORT

PROVIDERS



Click the logo to visit websites



Salena Begum

Phone: 01905 729190

Email:
sbegum@myriadcentre.co.uk

Location: Worcester

Day service for young adults which is not just a safe place for them to go, but one that provides for their medical, physical and emotional wellbeing whilst continuing to enhance their still-developing skills and life experiences. These special people, like everyone else, need a purpose in life, something which provides meaning and a community within which they can flourish and grow.

PMLD **SLD**

Jim Hilderley

Email: enquiry@wgrt.org

Phone: 01905 620840

Location: Worcester

Wildgoose Rural Training was established in 2000, to support adults with learning and physical disabilities. Enabling them to learn practical and social skills through working with the land and animals. Treating them as individuals and giving them the opportunity to gain skills through activities such as:

- Animal Care - Looking after our animals.
- Horticulture, Agriculture and Conservation- Growing fruit and veg, gardening and managing the Nature Reserve.
- Woodwork, Cookery, Mechanics, Arts-Craft, Well-Being and Workstream

Experienced tutors who bring out the absolute best of each student.

Transitional visits can be arranged to support and reduce the anxiety of moving on.

Get to know us a little more through our Webpage and links.

[Learn more about Wildgoose through this video link.](#)

SLD **MLD** **SEMH** **PMLD**



PURPOSEFUL LIFE & COMMUNITY SUPPORT



SIGNPOSTING FOR COMMUNITY SUPPORT AND SOCIAL CARE:

- > [Worcestershire- Groups and activities](#)
- > [Worcestershire Day opportunities](#)
- > [Worcestershire- Short Breaks and group activities](#)
- > [Worcestershire- Specialist Short Breaks](#)
- > [Worcestershire Day Services](#)

FUNDING YOUR SOCIAL CARE

DLA is the benefit to which children with disabilities may be entitled. For those age 16 years and over DLA stops and is replaced with PIP.

These guides explain these benefits further:

<https://www.gov.uk/disability-living-allowance-children/rates>

<https://www.gov.uk/dla-disability-living-allowance-benefit>

If someone has a child aged 16-18 and they believe they are eligible for support from the Young Adults Team, they should contact the Family Front Door on 01905 822666. If they are over 18 then they should contact the Access Centre on 01905 768053.

If they are assessed as being eligible for support from the YAT team they will receive a social work assessment which will enable them to access care and support which may include a direct payment. Direct payments are cash payments (rather than directly provided services), which are paid to a young person (age 18 and over), a parent or carer or to a nominated third party. These payments must be used to meet outcomes identified in a care plan or Education, Health and Care (EHC) Plan. By receiving direct payments, you are responsible for arranging, managing and paying for the services yourself.





PURPOSEFUL LIFE & COMMUNITY SUPPORT



GOOD NEWS STORIES!



Lisa joined Reddi Support in 2016 attending during the holidays while she was at college. She quickly settled in, made friends and took part in all activities. Lisa's Mom says, "Lisa has thrived since attending Reddi Support. She loves the interaction and skills that she has gained. She always has her friends to talk to and the staff have assisted her to cope with various life events and difficult times. Reddi Support has given Lisa the opportunities of holidays to Butlins with her friends, days out, meals out, celebrations, exercise, everyday living and work skills and having lots and lots of fun!"

Working at our shop and cafe has given Lisa the opportunity to learn new skills and interact with others in a professional manner. Lisa has learned how to use the till and the card payment machines independently. She enjoys researching prices for new items and donations, and interacting with customers. We are all very proud of Lisa's achievements.



PURPOSEFUL LIFE & COMMUNITY SUPPORT



GOOD NEWS STORIES!



John joined Reddi Support in 2021 after many years at college in Birmingham. John loves being part of Reddi Support, in particular creating his own timetable each month which details his activities. He enjoys cooking and independent living skills, Zumba in the community, going for coffee mornings and in particular gaining work experience at Cups and Saucers café and shop. He is currently learning how to use the till.

John's sister Penny and his Mom Mandy says, "John loves going to Reddi Support. He lives for it. He talks about it all the time and it has changed John's life. His speech has developed a lot and has become clearer. He lives for a Tuesday when he is based at the café and shop. This has given him so much confidence; talking to people and a true experience of what it's like to work. John has always been happy but Reddi Support makes him ridiculously happy!"

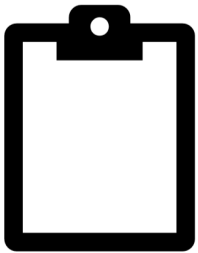
John is a great addition to the Reddi Support team. He works so hard and makes everyone laugh every day. We are so very proud of him.





PURPOSEFUL LIFE & COMMUNITY SUPPORT

PICKING THE RIGHT COMMUNITY SUPPORT FOR YOU



Choosing the right social care or community group for you can be a difficult decision as there are so many options to choose from.

This simple exercise should help you think things through.



WHAT ARE THE OPTIONS IN YOUR AREA?



IS IT A HOBBY OR SOMETHING YOU LIKE TO DO?



WHAT TIME DO THE GROUPS AND ACTIVITIES HAPPEN?



DOES IT MAKE YOU SMILE WHEN YOU TAKE PART?



WHAT DAY OF THE WEEK AND HOW REGULAR ARE THE GROUPS AND MEETINGS?



DO YOU HAVE ANY FRIENDS THERE?



WOULD YOU NEED SUPPORT WITH TRANSPORT?

Contact For Families with Disabled Children



PURPOSEFUL LIFE & COMMUNITY SUPPORT

THROUGH SENDIASS, IPSEA AND WORCESTERSHIRE COUNTY COUNCIL



Herefordshire & Worcestershire SENDIASS- Support for young people with SEND and their parents/carers to make informed decisions.

SENDIASS stands for Special Educational Needs and Disabilities Information, Advice and Support Service. We provide information, advice and support on matters relating to

children and young people with SEND including health and social care.

Our advice and support is:

- **Free**, it does not cost you anything
- **Confidential**, this means that we will not share your information with others without getting your permission
- **Impartial**, this means that we will not tell you what to do and we don't take sides. We will give you the information and support that you need to make your own choices.

If you are a young person, we can offer information, advice, and support directly to you. We have Young Person Advisors in Herefordshire and Worcestershire who can support you to access information and support on issues that affect you.

We are also able to provide:

FREE training workshops for parents/carers within both counties on subjects concerning SEND.

Download our [HYPERLINK SENDIASS Service Leaflet](#)

Contact:

Herefordshire

Phone: 01432 260955

Email: sendiass@herefordshire.gov.uk



Worcestershire

Phone: 01905 768153

Email: sendiass@worcestershire.gov.uk



Independent Provider of Special Education Advice (known as IPSEA) is a registered charity (number 327691) operating in England. IPSEA offers free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities (SEND). We also provide training on the SEND legal framework to parents and carers, professionals and other organisations.

Telephone: 01799 582030

Email:

office@ipsea.org.uk



PURPOSEFUL LIFE & COMMUNITY SUPPORT



Click the
logo to visit
website

The Young Adults Team within adult social care work with young adults who:

- > are aged between 16 and 25 years old
- > live in a Worcestershire postcode
- > have an additional need
- > require support with transition planning

If you are eligible for support from the YAT, they can offer you a wide range of support in organising financial support, support employment services and your next steps.

[Find out more about Worcestershire County Council here.](#)

Education Health Care Plan EHCP Team

Heather Darby - 01605 844376

Email: hdarby@worcestershire.gov.uk

Justin Stevens - 01905 845917

Email: jstevens3@worcestershire.gov.uk

SEN Services

Email:

post16@worcschildrenfirst.org.uk

SEND Worcestershire Local Offer

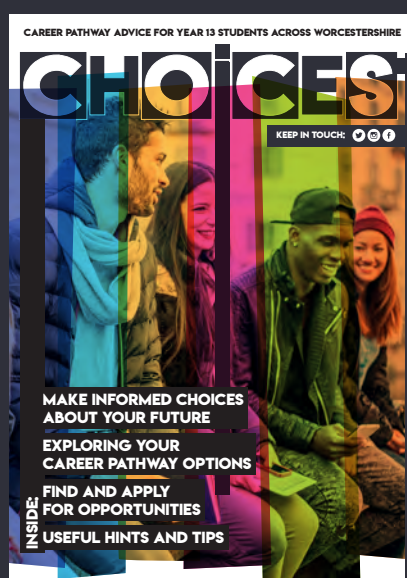
localoffer@worcschildrenfirst.org.uk



CHOICES TRANSITION BOOKLETS

The Inspiring Worcestershire Careers Hub delivery team have created a series of transition support documents which you may wish your child to work through in order to help prepare them for life beyond school.

These useful documents should provide your child with all of the key information advice and guidance they may need and will allow them the opportunity to work through a number of useful activities / tasks each term throughout the school academic year.



These documents are free to use and can be downloaded from the Skills 4 Worcestershire Website. Please follow the link below to access these documents:

www.skills4worcestershire.co.uk

DISCLAIMER

Please note that whilst every effort has been made to ensure the content within this guidance document is accurate, the information contained within the guide has been provided by a number of external organisations and may therefore subject to change without the knowledge of the Worcestershire Careers Hub.

The Worcestershire Careers Hub cannot take responsibility for any changes made to this information. Please contact the organisation or provider directly should you have any further requests for information.

Institutes have been listed in alphabetical order to remain unbiased. Information shared has been provided by the institutes and therefore we have no ownership to the rights to this information. Providers have been listed through request, therefore not all providers will be listed due to not returning information at the time of request or providers are unknown to editor.

VISIT WORCESTERSHIRE'S ONLINE CAREERS TOOL



**INFORMATION
ABOUT EMPLOYERS
IN WORCESTERSHIRE**



**SUPPORT FOR
SCHOOLS**



**WORCESTERSHIRE'S
LABOUR MARKET
INFORMATION**



**SUPPORT FOR
YOUNG PEOPLE**



CAREERS ADVICE



CAREERS EVENTS



INTERVIEW TIPS



**SUPPORT FOR
PARENTS**



CAREER PATHWAYS



WWW.SKILLS4WORCESTERSHIRE.CO.UK



THANK YOU FOR READING CHOICES

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