

Community Wellbeing Newsletter

Last week some P3 pupils sat their Year 6 SATS assessments. We are so proud of their continued effort, commitment and determination throughout. Also, our Year 11 and Year 10 pupils will be sitting some or all of their GCSEs. They have worked so hard during lessons and in their revision sessions. They truly deserve to succeed. And we are so very proud of them.

Finally we want to say a sad farewell to our Year 11 pupils. They are moving onto pastures new and we wish them the very best for their future.

Be positive and believe in yourselves, because we do.



Dates for Diary

Monday 15th May— Year 11 Leavers Assembly

Monday 19th May—Art week Inspiring People

Tuesday 16th May - GCSEs start for 4 weeks

Friday 26th May—2pm End of term

Friday 26th May—Non uniform day for Hygiene bank .

HALF TERM MONDAY 29TH MAY 2023 RETURNING BACK TO SCHOOL MONDAY 5TH JUNE 2023.

VISIT OUR WEBSITE FOR CONTACT DETAILS IF YOU HAVE SAFEGUARDING CONCERNS.



Hygiene Bank



Due to the success of the Food Bank and how many families this supports we have decided to join the Hygiene Bank. The aim is to provide basic toiletries to Families who may be struggling to get these on their weekly shop.

We will be displaying boxes in local shops, community groups and Main boots stores to gain donations. However to get us started we are doing a Non – Uniform day and asking for a donations to get our stock up and running.

We need you help to get this up and running , Friday 26th May Non–Uniform day in exchange for shampoo, shower gel, deodorant , bar of soap, toothpaste, toothbrush . These can be new or from you cupboards but must be in date and unused.

We are running the scheme to support not only our parents but also local schools and church community. We will keep stock at school and then families can contact us to ask for support.

Uniform

We have changed our suppliers, we now use My Clothing . We hope this will improve speed of orders. we have a sample in school if you would like to see the quality but we feel it is more lightweight than previous set.

Follow the link to see variety available but here is a small idea of cost depending of sizes.

Item Round Neck sweatshirt V-Neck Between £10 to £18

Sweatshirt Jersey Cardigan V-Neck Jumper (100% cotton) Between 10 to £18

Polo Shirt T-Shirt Between £6 to £11

Waterproof Lightweight Jacket Between £15 to £21

Full Zip Fleece Between £13 to £20

Trousers Between £11 to £14

Box Pleat Skirts Between £9 to £12

Jogging Pants £6.99

<https://myclothing.com/collections/riversides-school-28643>



Pupils attending Riversides School need to be wearing the correct uniform.

HAF it! 2023

READY STEADY
WORCESTERSHIRE

What is the HAF Programme?

HAF is a Department for Education (DfE) funded programme aimed at enabling children and young people in receipt of benefits-related free school meals (FSM) to attend school holiday activities and experiences during Easter, summer and Christmas.

In Worcestershire, we work with over 200 organisations to deliver the programme for families, this includes holiday club providers, workshop providers, supermarkets, suppliers, caterers, community groups, charities and schools. The programme creates free places for eligible children to attend, with a focus on enriching activities with a healthy meal and snacks included.

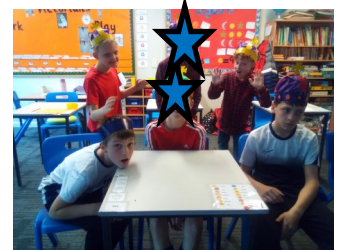
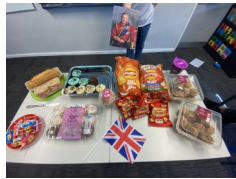
Research has shown that the **school holidays** can be pressure points for some families, leading to a holiday experience gap. Through the HAF programme we are encouraging children that access our out-of-school activities to eat well, get active, have fun and make friends.

For more information about the HAF Programme, please visit www.worcestershire.gov.uk/rsw



What a fantastic day celebrating the Kings Coronation with the added surprise of good weather in the end which allowed parents to be very brave and go in goal for the impromptu football match . A big thank you must go to parents and carers who always support the school by sending in food for picnics ,and also the parents that were able to share the celebrations with pupils and staff.

All week children were making crowns, flags, bunting , displays and also learning about their future king and Queen.



Bikeability

Pupils from Year 5 to Year 7 have had the amazing opportunity of taking part in the BikeAbility programme. This is an initiative set up by the Department of Transport and in conjunction with Worcestershire County Council to make sure children use roads safely when riding a bike. The students started the training in the school playground first and then when they were confident enough, and had shown the instructors their cycling skills, they were taken onto the local roads. With all the students head to foot in safety gear, they were then given the chance to put their new skills to the test in the local area, going on the main roads near the school, with support from 2 instructors and staff.



Visit



our

Attendance.

Currently whole school attendance is **81.5%** We would like to be reach the **90%** mark, You as parents playing a key role in making this happen.

We understand children get ill from time to time, and they need to stay at home to recover, However, there are many ways we can support this.

Ways this can be achieved:

- If a child has been given medication and showing signs of feeling better, if you complete a form we are able to administer medication in school.
- Talk to staff, if a pupil is struggling to get up, worried about attending a particular lesson, struggling with relationships with peers , struggling with Mental Health we can offer advice.
- If technology is taking over, latest game releasing and been up all night playing, we can help with putting parental controls on devices at home and setting clear boundaries.

We will work with you, be honest and let us take some of the pressure off parenthood.

We will be running a **competition** in classes for the Summer term. Which ever class has the most improved attendance for the term will be sorted out with a treat over the last week of term.



HARMONY AT HOME



Parental conflict which can range from a lack of warmth and emotional distance, right through to swearing and shouting, is known to be a risk factor for poor child outcomes, particularly when conflict is frequent, intense and poorly resolved. There is growing understanding and awareness of the need

to address and reduce parental conflict that sits below a domestic abuse or violence threshold.

Co-parenting for separated parent carers

Co-parenting isn't always easy after relationship breakdown resulting in separation or divorce. The following links and information can offer you support, tips and skills on making co-parenting work, understanding the benefits this will have on your children and improving the relationship with your co parent.

Tips for co-parents:

- communicate as a team, understand and accept you will have disagreements
 - define and manage the expectations of one another
 - create a schedule or parenting plan to offer stability and consistency, however compromise and be flexible where other commitments such as work may arise
 - avoid speaking poorly of your co-parent in front or around your child or children
 - offer consistent agreed rules and routines across households
 - understand your child or children's needs come first
- set any anger, hurt or frustration aside

[Harmony at home website link](#)

WORCESTERSHIRE VIRTUAL FAMILY HUB



There are some fantastic support on line from Worcester children's First . They have developed this virtual family hub to give you a range of different types of resources to help to support you and your family.

Parenting, Health, housing and relationships support.

Support and guidance resources.

[Website Link](#)

Professional Family Support

Find information about how Early Help Services can support your family.

[Website Link](#)

Early Help family Support

Information about how Early Help Services can support your family

[Website link](#)

Get Safe

Information and resources to help you look out for signs of child exploitation.

[Website link](#)

Group and Activities for young people

Here you can find information on some groups and activities for young people living in Worcestershire.

[Website link](#)

Ready Steady Worcestershire

Offers free holiday provision to children in receipt of free school meals and vulnerable families during school holidays.

[Website Link](#)

Harmony at Home

Reducing Parental Conflict in partnerships with organisations from our multi-agency reference group.

[Website link](#)

Family Learning

Useful set of resources for the family.

[Website Link](#)

Family Hub Consultation

We want to hear from families in Redditch and Wychavon about what is important to you and the help and support you need.

[Website link](#)

Family Health resources

Resources and information for supporting your family's health.

[Website Link](#)

Everyone needs a little support from time to time, there is no shame in asking being a parent is hard not more so when your child has special needs. You never know things you learn could also help your family and friends.

Household Support fund.

Support is available for those Households who are struggling with the cost of living, in particular the rise in energy prices.

Support for those most in need

The Household Support Fund has been made available to support households in the most need; particularly families with children of all ages, pensioners, unpaid carers, care leavers, and people with disabilities who would otherwise struggle with energy bills, food and water bills.

The Department of Work and Pensions Household Support Fund (HSF) will provide support to those most in need by providing vouchers or payments to eligible households or making direct provisions to help with food and goods.

The government has recently announced renewed funding for the period 1 April 2023 to 31 March 2024. Final details will be confirmed in due course and until then residents are advised to refer to the dropdown boxes below for more information on the programmes that are currently running.

So what help is available through the Household Support fund?

Subject to funding and eligibility criteria, this fund could offer qualifying residents across the county of Worcestershire the following:

- financial support toward current energy and water costs
- financial support toward energy and water debts only
- assistance to repair, service and replace broken boilers and heating systems
- support with food costs or direct provision of food
- support with wider essentials

Please note this is not an emergency support service, it may take a number of weeks for applications to be processed.

What won't the fund be considered for?

The fund cannot be used for payment of mortgage costs or to pay off debts.

Will the fund affect my benefits?

No, this funding is applicable to all who qualify and will not affect your benefits. It is also available to people not on benefits where other criteria are met.

Claiming Free School Meal Vouchers during the school holidays

The council will continue to support families who qualify for a Free School meal in the holidays until the end of the Summer holiday in 2023. You will need to contact your school directly regarding the issuing of Free School Meal vouchers during school holidays.

Additional support with holiday activities and lunch is also available for families via the Ready Steady Worcestershire programme [Ready Steady Worcestershire](#).

Healthy Start

Healthy Start is a Government Scheme that provides weekly vouchers to eligible parents and can help you if you're pregnant or have a young child under four. These vouchers can be spent on milk, fruit and vegetables and infant formula milk at your local shops and supermarkets, as well as offering coupons for free vitamins too.

For more information about the scheme, [visit Healthy Start](#).