



SECONDARY PSHE CURRICULUM MAP

RIVERSIDES
EVERY STUDENT MATTERS

Communication in relationships

- Personal values
- Assertive communication
- Relationship challenges
- Abuse
- Control and coercion
- Domestic violence

Families and lifestyle

- Different families
- Parental responsibility
- Pregnancy
- Marriage
- Forced relationships
- Changing relationships

STUDY LEAVE

REVISION & EXAMS

Continued Targeted Support

YEAR 11

Extremism and Radicalisation

- Challenging views
- Stereotypes
- Prejudice
- Community cohesion

Relationships

- Intimacy
- The role of pornography
- Media
- Fantasy

Exploring influence

- Influencers
- Media
- Misogyny
- Role models
- Conformity

Healthy relationships

- Stereotypes
- Myths
- Pleasure and challenges
- Expectations
- Media impact

Building for the future

- Stress
- Healthy living
- Sleep
- Lifestyle choices
- Temptations
- Substance abuse
- Choices

FURTHER STUDY
Psychology, Philosophy, Criminology

CAREER PATHS
Public services, counselling and therapy, youth worker, police, nutritionist, nursing

SKILLS
Critical thinking, problem solving, analytical thinking, construct logical arguments and expose illogical arguments, communication, time-management.

INTEREST
A continued passion and love of caring for others and the world around us

Respectful relationships

- Families and parenting
- Healthy relationships
- Conflict resolution
- Relationship changes

Healthy lifestyles

- Diet
- Exercise
- Lifestyle balance
- Healthy choices

Intimate relationships

- Consent
- Contraception
- STI's
- Attitudes to porn

Employability

- Diversity
- Equality
- Online Presence
- Discrimination
- Rights

YEAR 10

Mental Health

- Coping mechanisms
- Positivity
- Stress
- Bereavement
- Suicide

Financial decision making

- Gambling
- Financial decisions
- Debt
- False advertising
- Scams

End of Year

Setting goals

- Strengths
- Transferrable skills
- Creativity
- Interviewing skills

Peer Influence

- Gangs
- Healthy/Unhealthy relationships
- Exploitation
- Substance misuse

Digital Literacy

- Online safety
- Media reliability
- Influences
- Hooks and gambling

Mental Health

- Emotional wellbeing
- Digital resilience
- Body image
- Coping strategies

YEAR 9

First Aid

- CPR and defibrillator use
- Personal safety
- Travel and road safety

Relationships

- Relationship norms
- Gender identity
- Gender stereotypes
- Consent

End of Year

Careers

- Enterprise skills
- The world of work
- Employment Rights
- Enterprise project

Relationships

- Healthy relationships
- Intimate relationships
- Expectations in relationships
- Managing strong feelings

Friendships and diversity

- Respect
- Equality
- Prejudice

YEAR 8

Careers

- Life and careers aspirations
- Stereotypes
- Routes into careers
- Progression

Friendships and influences

- Social influence
- Peer pressure
- Pressure to conform
- Gang culture

End of Year

Substances

- Social norms of alcohol, drugs and tobacco
- Myths and misconceptions
- Substance use and abuse

Healthy Lifestyles

- Physical healthy lifestyle
- Mental healthy lifestyle
- Healthy sleep habits
- Managing stress

Economic Wellbeing

- Evaluating value for money
- Debt and Fraud
- Financial exploitation

YEAR 7



Key Skill 1
Health and Wellbeing

Key Skill 2
Relationships

Key Skill 3
Living in the wider world