

<u>Key Vocabulary</u>	<u>Yr.3/4</u>	<u>Yr.5/6</u>	<u>Year.7/8/9</u>
	<p>Bat / Ball  Net / Puck  Raquet / Target  Hitting / Running  Throwing / Catching  Jumping / Striking  Overarm / Underarm</p> <p>Right / Left  Passing / Movement  Start / Beginning  Middle / End  Rules / Sports</p>	<p>Table Tennis / Baseball  Street Hockey / Lacrosse  Challenges / Circuits  Activity / Tactics  Attacking / Defending  Using Space / Practice  Coaching / Active</p> <p>Speed / Compete  Health &amp; Fitness  Possession / Yoga  Tucking / Focus  Round Robin</p>	<p>Communication  Verbal / Facial  Gestures / Half Turn  Cooperatively  Expression  Moods / Ideas  Lifestyle / Prepare</p> <p>Routine / Recover  Rhythm / Create  Repetition / Patterns  Strength / Weakness  Replicate / Implement</p>

Sporting Behaviour  
Standing / Rolling  
Tackling / Dribbling  
Take Off / Landing  
Listening / Watching  
Shooting

Spring / Still  
Shape / Size  
Balance / Side Foot  
Games / Dance  
Gymnastics / Swimming  
Water Confidence  
Stroke / Front Crawl  
Backstroke  
Breaststroke  
Warm Up / Cool Down  
Stretch / Perform

Carousal / Range  
Link Skills / Ease  
Treading Water  
Butterfly / Diving  
Pivot / Spin  
Apparatus / Floor

Swing / Point  
Problem Solve  
Forehand / Backhand  
Serve / Smash  
Volley / Opponent  
Long / Running Jump  
Track & Field  
Intercepting  
Travelling / Focus  
Key Skills / Link Skills  
Direction / Control

Stimuli / Smooth  
Compare / Contrast  
Choreograph  
Evaluate / Compose  
Sport Studies  
Transition / Sustained

Combine Strategies  
Body Tension  
Tightened / Extension  
Explanation / Assessment  
Development / Flow  
Inverted / Contrasting  
Combinations  
Extended / Explosive  
Controlled / Refinement  
Sequences / Rotation  
Management

Muscles / Bones  
Football / Handball  
Basketball / Netball  
Rounders / Kwik Cricket  
Short Tennis / Athletics  
Badminton / Tag Rugby  
Dodgeball / Play

Movement / Flick  
Competition / Time  
Scooping / Design  
Team / Individual  
Set Up / Records  
Health & Safety  
Measurement

Participating  
Performing  
Performance  
Demonstrating  
Mental Capacity