

RED HEN SCHOOL LUNCH MENU 2026 – Apr 26

		WEEK ONE	WEEK TWO	WEEK THREE
MON	Option 1	CHICKEN BREAST BITES IN A CRISPY COATING (6)	CHICKEN BREAST TENDERS (4)	OVEN BAKED COD FISH FINGERS (3)
	Option 2	VEGETARIAN LINCOLNSHIRE SAUSAGE ROLLS (5)	OVEN BAKED VEGETABLE BITES (4)	OVEN BAKED FISHLESS FINGERS (3)
	Option 3	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER
	Option 4	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH
	Sides	CRISPY POTATO CUBES, MIXED VEGETABLES AND KETCHUP	POTATO WEDGES, PEAS, CARROTS AND BBQ SAUCE	MASHED POTATO, BAKED BEANS
	Salad	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES, BAGUETTE SLICES	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES, BAGUETTE SLICES	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES, BAGUETTE SLICES
	Dessert	HOMEMADE APPLE SPONGE CAKE/FRUIT FROMAGE FRAIS/FRESH FRUIT	HOMEMADE LEMON & BLUEBERRY SPONGE CAKE/FRUIT FROMAGE FRAIS/FRESH FRUIT	HOMEMADE CARROT SPONGE CAKE/FRUIT FROMAGE FRAIS/FRESH FRUIT
TUE	Option 1	HOMEMADE ITALIAN MARINARA SAUCE WITH CHICKEN BREAST AND PASTA TWISTS	OVEN BAKED COD FISHCAKES (2)	HOMEMADE BEEF BOLOGNAISE WITH STEAK MINCE
	Option 2	HOMEMADE ITALIAN MARINARA SAUCE WITH PASTA TWISTS	OVEN BAKED VEGETABLE FINGERS (3)	HOMEMADE VEGETARIAN BOLOGNAISE WITH SOYA MINCE
	Option 3	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER
	Option 4	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH
	Sides	CARROTS AND SWEETCORN	CRISPY POTATO CUBES, PEAS SWEETCORN AND KETCHUP	PASTA TWISTS AND SEASONAL VEGETABLES
	Salad	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES, BAGUETTE SLICES	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES, BAGUETTE SLICES	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES, BAGUETTE SLICES
	Dessert	ORANGE JELLY(SUGAR FREE)/FRUIT FROMAGE FRAIS/FRESH FRUIT	STRAWBERRY JELLY (SUGAR FREE)/FRUIT FROMAGE FRAIS/FRESH FRUIT	ICE CREAM/FRUIT FROMAGE FRAIS/FRESH FRUIT
WED	Option 1	OVEN BAKED PORK SAUSAGES (3)	HOMEMADE MILD CHICKEN CURRY MADE WITH CHICKEN BREAST AND VEGETABLES	CRISPY CHICKEN BREAST STRIPS (3) IN A FLOUR TORTILLA
	Option 2	OVEN BAKED VEGETARIAN SAUSAGES (3)	HOMEMADE MILD VEGETARIAN CURRY MADE WITH CHICKEN STYLE SOYA PIECES AND VEGETABLES	OVEN BAKED VEGETABLE FINGERS (3) IN A FLOUR TORTILLA
	Option 3	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNO MAYO/BUTTER	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER
	Option 4	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH
	Sides	MASHED POTATO, PEAS AND GRAVY	RICE AND TORTILLAS	CRISPY POTATO CUBES, SPAGHETTI HOOPS AND BBQ SAUCE
	Salad	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES, BAGUETTE SLICES	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES
	Dessert	STRAWBERRY ICE CREAM/FRUIT FROMAGE FRAIS/FRESH FRUIT	ICE CREAM/FRUIT FROMAGE FRAIS/FRESH FRUIT	BLACKCURRANT JELLY (SUAGR FREE)/FRUIT FROMAGE FRAIS/FRESH FRUIT

THU	Option 1	HOMEMADE BBQ CHEESE AND TOMATO PIZZA ON A WHOLEMEAL BASE	PRIME BEEF BURGER IN A FLOURED BAP	JUMBO PORK SAUSAGE HOT DOG
	Option 2	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER	VEGGIE BURGER IN A FLOURED BAP	VEGETARIAN SAUSAGE (2) HOT DOG
	Option 3		JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER
	Option 4	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH
	Sides	SPAGHETTI HOOPS, PEAS AND SWEETCORN	POTATO WEDGES, BEANS AND TOMATO KETCHUP	POTATO WEDGES, SWEETCORN AND KETCHUP
	Salad	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES
	Dessert	HOMEMADE CHOCOLATE ORANGE SPONGE CAKE/FRUIT FROMAGE FRAIS/FRESH FRUIT	HOMEMADE CARAMEL SPONGE CAKE/FRUIT FROMAGE FRAIS/FRESH FRUIT	CHOCOLATE ICE CREAM/FRUIT FROMAGE FRAIS/FRESH FRUIT
FRI	Option 1	OVEN BAKED COD FISH FINGER (2) SANDWICH IN A FLOURED BAP	ALLDAY BREAKFAST WITH OVEN BAKED PORK SAUSAGES (3)	ROAST CHICKEN
	Option 2	OVEN BAKED FISHLESS FINGERS (3) IN A FLOURED BAP	ALLDAY BREAKFAST WITH OVEN BAKED VEGETARIAN SAUSAGES (3)	VEGETARIAN CHICKEN STYLE SOYA PIECES
	Option 3	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER	JACKET POTATO WITH BAKED BEANS/CHEESE/TUNA MAYO/BUTTER
	Option 4	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH	HAM/CHEESE OR TUNA MAYO SANDWICH PACKED LUNCH
	Sides	CRISPY POTATO CUBES, BAKED BEANS AND TOMATO KETCHUP	HASH BROWNS, BEANS AND FRESH TOMATO	ROAST POTATOES, SEASONAL VEGETABLES AND GRAVY
	Salad	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES,	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES, BAGUETTE SLICES	CARROT STICKS, CUCUMBER STICKS, CHERRY TOMATOES, BAGUETTE SLICES
	Dessert	RASPBERRY JELLY (SUGAR FREE)/FRUIT FROMAGE FRAIS/FRESH FRUIT	LEMON & LIME JELLY (SUGAR FREE)/FRUIT FROMAGE FRAIS/FRESH FRUIT	HOMEMADE SULTANA SPONGE CAKE/FRUIT FROMAGE FRAIS/FRESH FRUIT